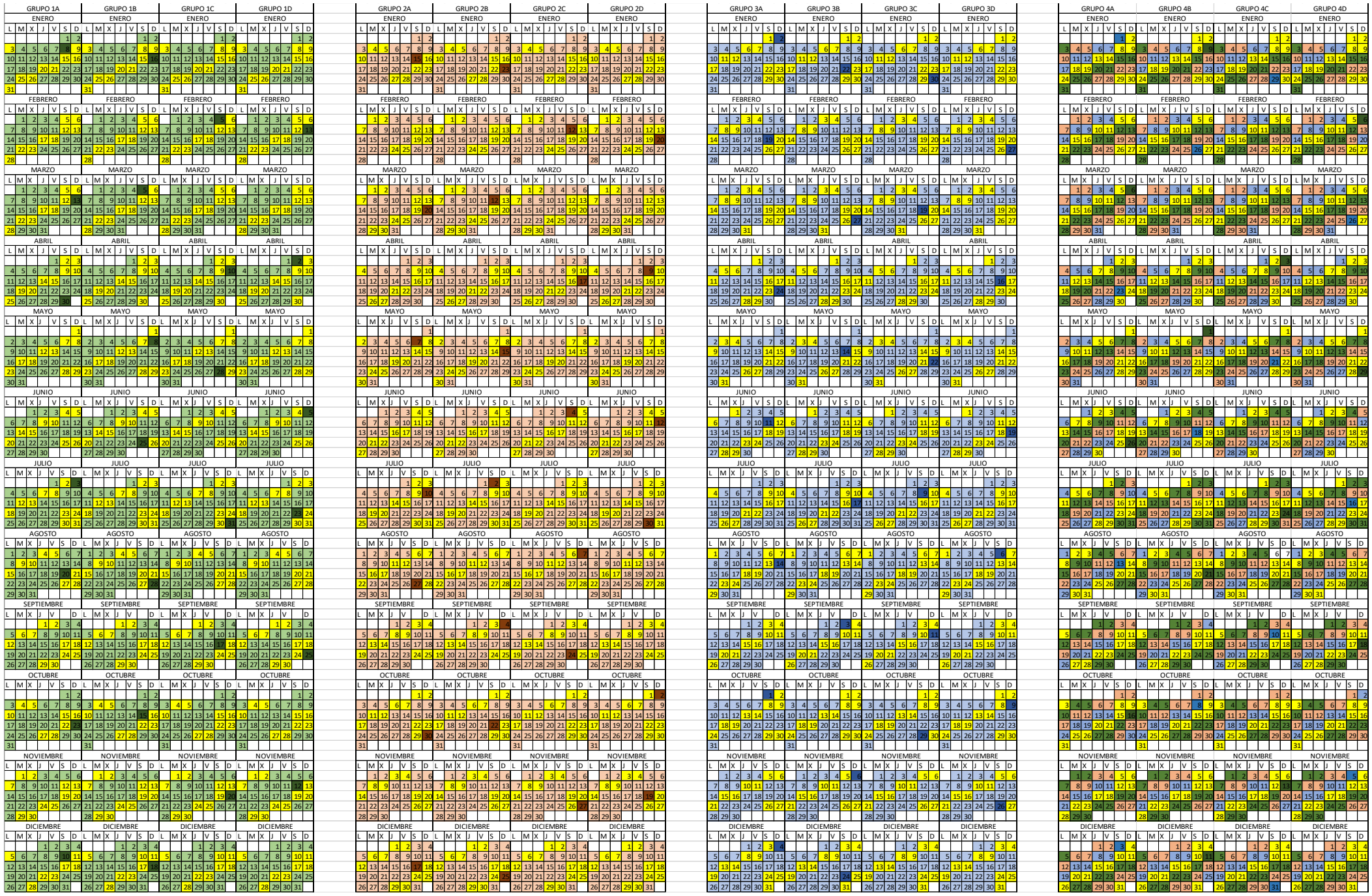ANEXO XIV.1 CALENDARIO DE DESCANSO